

WINNIPEG HYDRO

News

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DOES SO MUCH . . . COSTS SO LITTLE

ELECTRICITY, because it is so readily available at the flick of a switch, is generally taken for granted. Rarely do we stop and consider the numerous tasks it performs for us both day and night . . . dependably, efficiently and, best of all, economically.

When you buy electricity, you are getting full value for your dollar plus many "extras". You pay only for what you use, as shown in kilowatt hours on your accurate electric meter. A kilowatt hour is the equivalent of 1000 watts used for one hour.

Thus the wattage of your appliances and electrical fixtures along with the length of time they are used, determines the amount of your monthly bill. Here is a list of the most common household appliances showing their average wattage.

Electric Range	12,000 watts
Electric Water Heater (minimum)	1,500 watts
Refrigerator	150 watts
Electric Clothes Dryer	5,000 watts
Automatic Washer	500 watts
Fuel-Fired Heating Equipment	500 watts
Freezer	400 watts
Coffee Maker	up to 1,000 watts
Electric Kettle	1,500 watts

[illegible]

Electrical Hazards in Swimming Pools

Under normal circumstances electricity is perfectly safe. However, when used in the vicinity of water which acts as a conductor, certain precautions must be taken. This is particularly true in the case of swimming pools.

The voltage to produce a lethal shock to a person swimming is very small. A faulty device or conduit can produce an electrical field in the pool water and a swimmer passing through this electrical field can be electrocuted without coming in direct contact with the defective device or conduit.

A potential rescuer jumping in to assist will in all likelihood receive the same shock. In such cases, something non-metallic should be used (for example a rake with a wooden handle) to move the disabled swimmer to the edge of the pool.

Owners and operators of swimming pools are reminded of the precautions which should be observed in the use of electricity in and around swimming pools.

1. All metallic objects in and around a pool should be effectively grounded. This is most important especially in connection with an underwater lighting fixture.
2. Portable electrical equipment (such as record players, radio and TV receivers etc.) should never be used within 10 feet of a pool.
3. Electrical wiring should not run overhead across a pool.
4. To increase safety, it is recommended that all underwater lighting be supplied from isolating transformers.
5. All the electrical wiring and equipment associated with a pool should be thoroughly checked out at least once each year.

For further information contact METRO'S Electrical Inspection Branch at 942-0921.



Sugar 'N' Spice

By BARBARA LAHAM, B.Sc.H.Ec.

Home Service Director

DURING THE MONTH of August, vegetables are being harvested and Sugar 'N' Spicers are busy preparing for the pickling season. With this in mind, the Kitchen has gathered together several popular pickle recipes for our current booklet 'Pickle Pleasers'. Here's a fine recipe for making delicious dill pickles.

COLD WATER DILLS

dill cucumbers
sprig of dill
garlic cloves
1 tbsp. pickling salt

1 tbsp. mixed pickling
spices
1 dried hot red pepper
cold water

Wash dill cucumbers, then crisp for 4 hours in ice water. Drain and dry. For every quart sealer, place a sprig of fresh washed dill in the bottom of jar and 1 small clove of garlic. Fill jar with cucumbers. Add 1 tbsp. mixed pickling spices, 1 dried hot red pepper and another washed sprig of dill. Fill the jars with cold water and seal tightly. Turn jars over and shake well to mix all ingredients. Store in a cool dry place.

The above recipe is just one of the many pickle recipes featured in our latest booklet. If you would like a copy, just call in at the Hydro Kitchen, 405 Portage Avenue, or telephone 946-0208.

MOUNT CARMEL CLINIC TAG DAY

Proceeds from the Mount Carmel Clinic Tag Day, August 27, help to support the work of the clinic which provides free medical service to the poor and indigent of the community regardless of race, color or creed.

WINNIPEG INTERNATIONAL FLOWER SHOW

The tenth Winnipeg International Flower Show will be held at the Civic Auditorium, August 24 and 25.